

Results of the Helensburgh 10Km held on 4th May 2023

Place	Name	Club	Cat. & Rank	Chip Time	Finish Time
1	Daniel Bradford	Shettleston Harriers	M (1st)	31:28:00	31:28:00
2	Gregor Yates	Inverclyde AC	M (2nd)	31:50:00	31:51:00
3	Fred Davies	Shettleston Harriers	M (3rd)	32:54:00	32:55:00
4	Fergus Donnelly	Shettleston Harriers	M (4th)	33:35:00	33:36:00
5	Conor Drummond	Giffnock North AC	M (5th)	33:55:00	33:57:00
6	Neil Renault	Edinburgh AC	M (6th)	34:15:00	34:15:00
7	Drew Dutton	Campbeltown Running Club	M (7th)	34:21:00	34:23:00
8	Alan Blair	Garscube Harriers	M (8th)	34:23:00	34:25:00
9	Steven Fitzpatrick	Cambuslang Harriers	M (9th)	34:28:00	34:30:00
10	Stuart Mcgeachy	Cambuslang Harriers	M40 (1st)	34:40:00	34:41:00
11	Paul Sorrie	Shettleston Harriers	M40 (2nd)	34:51:00	34:53:00
12	Andrew Osborne	Greenock Glenpark Harriers	M40 (3rd)	34:55:00	34:58:00
13	Calum Borthwick	Bellahouston Road Runners	M (10th)	35:00:00	35:02:00
14	Nicholas Gemmell	Garscube Harriers	M40 (4th)	35:02:00	35:03:00
15	Ruairidh MacLean	Giffnock North AC	M (11th)	35:03:00	35:04:00
16	Michael Paxton	Shettleston Harriers	M (12th)	35:05:00	35:06:00
17	Jon Hammerman	Inverclyde AC	M40 (5th)	35:12:00	35:13:00
18	Kenneth Osborne		M (13th)	35:20:00	35:22:00
19	Kieran Docherty		M (14th)	35:21:00	35:24:00
20	Jason Bell		M (15th)	35:29:00	35:31:00
21	Pedro Menezes	Glasgow Uni Hares and Hounds	M (16th)	35:43:00	35:45:00
22	Gerard Pelegri	Shettleston Harriers	M (17th)	35:45:00	35:47:00
23	Angus Robertson		M (18th)	35:45:00	35:50:00
24	Stephen Allan	Cumbernauld AAC	M40 (6th)	35:53:00	35:54:00
25	Evan Griffiths	Westerlands CCC	M (19th)	35:59:00	36:01:00
26	Blair Montgomery	Corstorphine AAC	M (20th)	36:15:00	36:17:00
27	Neil McLaughlin	Inverclyde AC	M40 (7th)	36:19:00	36:20:00
28	Donald MacLaren	Bellahouston Harriers	M40 (8th)	36:32:00	36:35:00
29	Daniel Doherty	Greenock Glenpark Harriers	M40 (9th)	36:37:00	36:39:00
30	Andrew Bryson		M (21st)	36:43:00	36:46:00
31	Gerard Higgins	Cambuslang Harriers	M (22nd)	36:42:00	36:47:00
32	Stuart Scott		M (23rd)	36:52:00	36:54:00
33	Michael Miller	Clydesdale Harriers	M (24th)	36:57:00	36:59:00
34	Chris McKenna		M (25th)	37:01:00	37:06:00
35	Sam Thomas		M (26th)	37:01:00	37:11:00
36	Chris Upson	Cambuslang Harriers	M50 (1st)	37:13:00	37:14:00
37	Rob Soutar		M50 (2nd)	37:28:00	37:28:00
38	Craig Walker		M40 (10th)	37:35:00	37:38:00
39	Dave Thom	Cambuslang Harriers	M60 (1st)	37:43:00	37:44:00
40	Peter Walsh	Dumbarton AAC	M (27th)	38:23:00	38:27:00
41	Travis George	Victoria Park City of Glasgow AC	M (28th)	38:40:00	38:48:00
42	Stuart Perry	Helensburgh AAC	M40 (11th)	38:38:00	38:51:00

43	Kevin Farmer	Cambuslang Harriers	M (29th)	38:52:00	38:55:00
44	Mark Ford		M40 (12th)	39:00:00	39:04:00
45	Andrew Brown	Linlithgow Athletics Club	M (30th)	39:01:00	39:05:00
46	Sophie Canty	Dumbarton AAC	F (1st)	39:05:00	39:08:00
47	Neil McConnell		M (31st)	39:03:00	39:09:00
48	Alistair Rowlands	Dumbarton AAC	M40 (13th)	39:13:00	39:16:00
49	Finn Fowler	Kilbarchan AAC	M (32nd)	39:11:00	39:18:00
50	Stephen Hanley	Greenock Glenpark Harriers	M (33rd)	39:18:00	39:20:00
51	Kristina Greig	Bellahouston Harriers	F (2nd)	39:17:00	39:21:00
52	Simon Carney		M (34th)	39:12:00	39:22:00
53	Iain McFarlane		M40 (14th)	39:17:00	39:26:00
54	Leo Johnstone	Dumbarton AAC	M (35th)	39:33:00	39:36:00
55	Thomas Nelson		M (36th)	39:39:00	39:44:00
56	Philip Robinson	West End Road Runners	M (37th)	39:41:00	39:45:00
57	Graeme Lyons		M (38th)	39:47:00	39:50:00
58	Victoria Riddell	Shettleston Harriers	F (3rd)	39:45:00	39:50:00
59	Adam Mclean		M (39th)	39:44:00	39:50:00
60	Mark McDonald	Wee County Harriers	M40 (15th)	39:51:00	39:55:00
61	David Carr	Garscube Harriers	M40 (16th)	39:52:00	40:01:00
62	Anthony McParland	Bellahouston Road Runners	M50 (3rd)	40:00:00	40:02:00
63	Ruaridh MacGregor	West End Road Runners	M (40th)	39:59:00	40:02:00
64	Dean Dempsey	Bellahouston Road Runners	M (41st)	39:58:00	40:03:00
65	Alex Potter	VP Glasgow	M60 (2nd)	40:06:00	40:10:00
66	Keith Wall	Garscube Harriers	M40 (17th)	40:03:00	40:12:00
67	Robert Wood	Garscube Harriers	M (42nd)	40:11:00	40:17:00
68	Donald Shaw	Greenock Glenpark Harriers	M50 (4th)	40:09:00	40:18:00
69	Jason Cowey		M40 (18th)	40:21:00	40:25:00
70	Scott Weir		M (43rd)	40:28:00	40:30:00
71	Alan Campbell		M40 (19th)	40:29:00	40:33:00
72	Callum Wright	Cambuslang Harriers	M (44th)	40:39:00	40:42:00
73	Mary Senior	Garscube Harriers	F50 (1st)	40:38:00	40:44:00
74	Duncan McCauley	Shettleston Harriers	M40 (20th)	40:39:00	40:45:00
75	Diarmaid Warner		M (45th)	40:43:00	40:50:00
76	Malcolm MacLean	Greenock Glenpark Harriers	M40 (21st)	40:56:00	40:58:00
77	Paul Rowden		M (46th)	40:56:00	41:00:00
78	David Craig		M (47th)	40:48:00	41:00:00
79	Euan McCracken		M (48th)	40:55:00	41:03:00
80	Merlin Jones		M40 (22nd)	40:55:00	41:04:00
81	James Shirlaw		M40 (23rd)	40:57:00	41:05:00
82	Alex Shavick		M (49th)	41:01:00	41:10:00
83	Nicky Parker	Garscube Harriers	M50 (5th)	41:07:00	41:15:00
84	Stuart Kirkwood		M (50th)	41:00:00	41:16:00
85	Holly Smith	Garscube Harriers	F (4th)	41:24:00	41:30:00
86	jamie duncan		M50 (6th)	41:31:00	41:36:00
87	Sandy Gardner	VP Glasgow	M50 (7th)	41:32:00	41:42:00

88	Des Dickson	Cambuslang Harriers	M60 (3rd)	41:41:00	41:44:00
89	Matthew Cameron	Helensburgh AAC	MU20 (1st)	41:43:00	41:46:00
90	Kirsty Wright	Cambuslang Harriers	F (5th)	41:52:00	41:56:00
91	Lewis McGuire		MU20 (2nd)	41:47:00	41:56:00
92	Jonathan Gareze		M (51st)	41:48:00	41:56:00
93	Craig Clarke	Troon Tortoises	M50 (8th)	41:48:00	41:57:00
94	Steven Kennedy		M40 (24th)	41:40:00	42:03:00
95	Alastair MacLachlan	Bellahouston Road Runners	M60 (4th)	42:05:00	42:08:00
96	Sharon Mcnicol	Giffnock North AC	F40 (1st)	42:09:00	42:13:00
97	Lachlan Calder	Shettleston Harriers	M (52nd)	42:13:00	42:16:00
98	Emma Wilson	Helensburgh AAC	F40 (2nd)	42:08:00	42:17:00
99	Glen Fullarton		M (53rd)	42:06:00	42:22:00
100	James Young		M40 (25th)	42:14:00	42:29:00
101	Leon Aitken		M40 (26th)	42:23:00	42:29:00
102	Athole Smith	Garscube Harriers	M60 (5th)	42:28:00	42:36:00
103	Claire Wharton	Bellahouston Road Runners	F50 (2nd)	42:30:00	42:37:00
104	Ian Sproull	Garscube Harriers	M40 (27th)	42:31:00	42:46:00
105	David Benham	Garscube Harriers	M50 (9th)	42:35:00	42:50:00
106	Alexander McTier		M40 (28th)	42:48:00	43:03:00
107	Brian Leitch	Springburn Harriers	M50 (10th)	42:56:00	43:06:00
108	Lauren Mckinley		F (6th)	43:10:00	43:13:00
109	Connor Mckinley		M (54th)	43:11:00	43:16:00
110	Stephen McKeown		M50 (11th)	43:15:00	43:21:00
111	Sarah Wakely	Greenock Glenpark Harriers	F (7th)	43:25:00	43:28:00
112	Stephen McCallion		M (55th)	43:36:00	43:41:00
113	Philip Sumner		M40 (29th)	43:29:00	43:48:00
114	Neil Smith	Garscube Harriers	M40 (30th)	43:37:00	43:48:00
115	Paul Stewart		M (56th)	43:46:00	43:50:00
116	Stephen Tomasso	West End Road Runners	M40 (31st)	43:48:00	43:51:00
117	James Flynn		M (57th)	43:34:00	43:58:00
118	Ross Beaton		M40 (32nd)	44:05:00	44:09:00
119	Hollie Rae	Dumbarton AAC	F (8th)	44:01:00	44:09:00
120	Colin Alexander		M40 (33rd)	44:02:00	44:11:00
121	Chris Johnstone	Dumbarton AAC	M (58th)	43:54:00	44:11:00
122	David Ward		M (59th)	44:05:00	44:14:00
123	Iain Boyce		M50 (12th)	44:04:00	44:16:00
124	Anonymous		M (60th)	44:06:00	44:19:00
125	Harry ODonnell		M40 (34th)	44:16:00	44:31:00
126	Eric Baster	Glasgow FrontRunners	M (61st)	44:23:00	44:44:00
127	Catherine Humphreys		F (9th)	44:36:00	44:46:00
128	michael smart		M50 (13th)	44:32:00	44:46:00
129	Scott Pairman	Dumbarton AAC	M50 (14th)	44:32:00	44:48:00
130	Garry Henderson	Bellahouston Harriers	M50 (15th)	44:47:00	44:52:00
131	Henry Pryce		M50 (16th)	44:32:00	45:02:00
132	Christopher O'Grady	Red Star AC	M (62nd)	44:56:00	45:03:00
133	Richard O'Grady	Helensburgh AAC	M40 (35th)	44:56:00	45:03:00

134	Carly Monaghan	Shettleston Harriers	F (10th)	45:03:00	45:09:00
135	Alan O'Rourke	Greenock Glenpark Harriers	M50 (17th)	45:06:00	45:12:00
136	John Oates	Shettleston Harriers	M60 (6th)	45:08:00	45:13:00
137	John Walker	Dumbarton AAC	M50 (18th)	45:01:00	45:17:00
138	Stuart Kelly		M40 (36th)	45:08:00	45:18:00
139	Melissa Wylie	Dumbarton AAC	F50 (3rd)	45:10:00	45:18:00
140	Joseph Haughey	Shettleston Harriers	M40 (37th)	45:16:00	45:21:00
141	Catherine Wylie	Dumbarton AAC	F (11th)	45:13:00	45:22:00
142	Abby Rashid	Dumbarton AAC	F (12th)	45:14:00	45:22:00
143	Tom Widdows		M40 (38th)	45:19:00	45:25:00
144	Ian Rutherford		M (63rd)	45:05:00	45:26:00
145	Carlos Gonzalez		M40 (39th)	45:25:00	45:30:00
146	Iain Macdonald	Glasgow South Road Runners	M40 (40th)	45:22:00	45:34:00
147	Stuart Tennant		M (64th)	45:30:00	45:37:00
148	Colin Kennedy		M40 (41st)	45:25:00	45:40:00
149	Jamie Wieland	Bellahouston Road Runners	M (65th)	45:34:00	45:40:00
150	Tom Burrige	Bellahouston Road Runners	M (66th)	45:31:00	45:44:00
151	Graham Thom	West End Road Runners	M50 (19th)	45:44:00	45:53:00
152	Campbell Fullarton	Helensburgh AAC	M40 (42nd)	45:49:00	46:00:00
153	Roberta Fletcher		F (13th)	45:52:00	46:01:00
154	Philip Kealey		M50 (20th)	45:49:00	46:02:00
155	Ryan Beattie		M (67th)	45:49:00	46:09:00
156	Eleanor Connelly	Kilmacollm Unofficial Running Club	F40 (3rd)	46:04:00	46:11:00
157	John Cunningham	Bellahouston Harriers	M50 (21st)	46:07:00	46:12:00
158	Clare Waters		F50 (4th)	46:09:00	46:18:00
159	Pauline Henderson	Bellahouston Harriers	F50 (5th)	46:12:00	46:18:00
160	Erica Christie	Cambuslang Harriers	F60 (1st)	46:21:00	46:23:00
161	Gerry Gallacher	Greenock Glenpark Harriers	M40 (43rd)	46:22:00	46:28:00
162	Jonny Watson		M (68th)	46:23:00	46:30:00
163	Gordon King		M60 (7th)	46:27:00	46:36:00
164	Donna Finlayson	Victoria Park City of Glasgow AC	F (14th)	46:31:00	46:40:00
165	David Ritchie		M50 (22nd)	46:30:00	46:44:00
166	Peter Minting		M40 (44th)	46:44:00	46:48:00
167	Paula McCabe	Cambuslang Harriers	F (15th)	46:43:00	46:56:00
168	Stephen Ellison	Pro Endurance Coaching	M50 (23rd)	46:30:00	46:58:00
169	Alasdair Robertson		M (69th)	46:52:00	47:04:00
170	Alan Turner		M (70th)	46:51:00	47:04:00
171	Tracey Lochrie		F40 (4th)	46:57:00	47:09:00
172	James Bennett		M40 (45th)	47:05:00	47:15:00
173	David Sturgeon		M40 (46th)	47:05:00	47:18:00
174	Thomas Edgar		M (71st)	47:10:00	47:21:00
175	David Dunlop	Springburn Harriers	M40 (47th)	47:13:00	47:23:00
176	Colin Meikle		M50 (24th)	47:14:00	47:25:00
177	Graeme Mcelroy		M40 (48th)	47:22:00	47:29:00
178	Anthony Donnelly		M40 (49th)	47:11:00	47:30:00

179	stephen Mchugh		M40 (50th)	47:11:00	47:30:00
180	Brian Pitt		M60 (8th)	47:20:00	47:33:00
181	Jennifer Perry		F40 (5th)	47:25:00	47:36:00
182	Heather Steele		F (16th)	47:28:00	47:38:00
183	Arlene Murdoch	West End Road Runners	F40 (6th)	47:20:00	47:44:00
184	Keith Davis		M50 (25th)	47:40:00	47:54:00
185	Alistair Peat		M40 (51st)	47:30:00	47:59:00
186	David Prentice	Dumbarton AAC	M (72nd)	47:49:00	48:00:00
187	John Mackenzie	Dumbarton AAC	M40 (52nd)	47:44:00	48:02:00
188	Nick McGowan-Lowe		M40 (53rd)	47:52:00	48:03:00
189	Michael Connelly	Kilmacolm Unofficial Running Club	M40 (54th)	48:07:00	48:13:00
190	Gordon Caldwell		M (73rd)	48:01:00	48:18:00
191	Audrey Williamson		F50 (6th)	47:52:00	48:19:00
192	Beth Murrison		F40 (7th)	47:57:00	48:25:00
193	Davy Roberts	West End Road Runners	M40 (55th)	48:17:00	48:27:00
194	Kirsty Hurt	West End Road Runners	F (17th)	47:59:00	48:28:00
195	Joni Lindsay	Bellahouston Road Runners	F (18th)	48:22:00	48:30:00
196	Simon Murray	Royal Navy Athletics Club	M (74th)	48:13:00	48:34:00
197	Thomas Thorne		M40 (56th)	48:19:00	48:36:00
198	Graeme Little	Garscube Harriers	M40 (57th)	48:08:00	48:38:00
199	Gareth Shields		M40 (58th)	48:28:00	48:40:00
200	Marianne McKay	Greenock Glenpark Harriers	F40 (8th)	48:29:00	48:49:00
201	Stuart Sichi		M (75th)	48:43:00	48:54:00
202	Richard Millar	Shettleston Harriers	M40 (59th)	48:54:00	48:59:00
203	Scott Thompson		M (76th)	48:32:00	49:04:00
204	James Bonner		M40 (60th)	49:02:00	49:10:00
205	Sandy Buchan		M50 (26th)	48:48:00	49:10:00
206	Andrew Galloway		M40 (61st)	48:55:00	49:10:00
207	Michael Meehan	Bellahouston Harriers	M50 (27th)	49:06:00	49:13:00
208	Ian Malcolm		M (77th)	49:03:00	49:20:00
209	Ally McColl		M40 (62nd)	49:03:00	49:20:00
210	Paul Strachan	Westerlands CCC	M70 (1st)	49:10:00	49:25:00
211	David Callander		M50 (28th)	49:12:00	49:27:00
212	Doug Moyes		M40 (63rd)	49:18:00	49:29:00
213	Fiona Balfour		F50 (7th)	49:21:00	49:30:00
214	Harriet Romans	Victoria Park City of Glasgow AC	F40 (9th)	49:04:00	49:32:00
215	Alison Mackenzie	Bellahouston Harriers	F (19th)	49:33:00	49:42:00
216	Veronica Bell		F (20th)	49:31:00	49:45:00
217	Jack Beard		M (78th)	49:31:00	49:48:00
218	Paula Gribbon		F (21st)	49:34:00	49:52:00
219	Graham McElwee		M40 (64th)	49:27:00	49:58:00
220	Andrew Stevenson		M60 (9th)	49:52:00	49:58:00
221	David Maciver		M50 (29th)	49:47:00	49:59:00
222	Les Hill		M60 (10th)	49:56:00	50:04:00
223	John McIlravey		M60 (11th)	49:53:00	50:05:00

224	Stewart Merry		M60 (12th)	49:58:00	50:08:00
225	Alison Rutherford	Garscube Harriers	F (22nd)	50:00:00	50:14:00
226	Stephen Humphreys	Helensburgh AAC	M60 (13th)	50:05:00	50:16:00
227	Kate MacLeod	Dumbarton AAC	F (23rd)	49:59:00	50:17:00
228	Andrew Smith		M (79th)	50:08:00	50:22:00
229	David Ross	West End Road Runners	M (80th)	50:17:00	50:22:00
230	Jamie Proudfoot	Lonely Goat RC	M40 (65th)	50:08:00	50:23:00
231	Stephen Henderson		M40 (66th)	50:15:00	50:29:00
232	Kirsten Mathew	Garscube Harriers	F40 (10th)	50:16:00	50:40:00
233	Benjamin Fisher		M40 (67th)	50:34:00	50:48:00
234	Kyle Lamont		M (81st)	50:27:00	50:49:00
235	Stephen McKeown		M40 (68th)	50:32:00	50:52:00
236	Alan Strange		M40 (69th)	50:42:00	51:05:00
237	Stephanie Rudd	Bellahouston Harriers	F50 (8th)	51:10:00	51:19:00
238	marianne hayward		F50 (9th)	51:04:00	51:20:00
239	Kenneth Weir		M70 (2nd)	51:07:00	51:24:00
240	Fiona Moar	Garscube Harriers	F (24th)	51:04:00	51:28:00
241	David Troup		M60 (14th)	51:15:00	51:28:00
242	Lyndsay Kerrigan	Garscube Harriers	F (25th)	51:15:00	51:28:00
243	Sam Dye		M (82nd)	51:16:00	51:33:00
244	David Allen		M (83rd)	51:09:00	51:35:00
245	Richard Henry		M (84th)	51:10:00	51:36:00
246	Maureen Campbell	Garscube Harriers	F50 (10th)	51:26:00	51:39:00
247	Derek Gray		M50 (30th)	51:27:00	51:41:00
248	Craig Melrose		M40 (70th)	51:28:00	51:45:00
249	Laura Johnston		F (26th)	51:33:00	51:51:00
250	Michael McNamara		M50 (31st)	51:42:00	51:52:00
251	Paul Clifford		M (85th)	51:41:00	51:53:00
252	David Hatrick		M50 (32nd)	51:40:00	51:56:00
253	Paul Darroch		M40 (71st)	51:51:00	52:01:00
254	Brian Gallacher		M (86th)	51:51:00	52:01:00
255	Julia Wylie	Victoria Park City of Glasgow	F50 (11th)	51:52:00	52:01:00
256	Laura Powell	Wee County Harriers	F40 (11th)	51:38:00	52:04:00
257	Colin Dougherty		M (87th)	51:56:00	52:13:00
258	Gillian Hornby		F40 (12th)	51:56:00	52:14:00
259	Michael Noble		M50 (33rd)	52:10:00	52:21:00
260	James Moore		M50 (34th)	52:02:00	52:25:00
261	Hugh Wallace	Anster Allsorts	M70 (3rd)	52:08:00	52:26:00
262	Gordon Murray		M70 (4th)	52:03:00	52:26:00
263	Alasdair Wallace		M (88th)	52:09:00	52:27:00
264	David Collings		M50 (35th)	52:11:00	52:27:00
265	Christopher Lamont		M (89th)	52:20:00	52:37:00
266	Elise Friar		F (27th)	52:46:00	52:46:00
267	Alan Gray		M50 (36th)	52:26:00	52:47:00
268	Shefali Chowdhury		F50 (12th)	52:27:00	52:50:00
269	Nathalie Smith		F40 (13th)	52:45:00	53:05:00
270	Gavin Bain		M50 (37th)	52:32:00	53:05:00

271	Kirsti Colligan		F (28th)	52:49:00	53:08:00
272	Scott Williamson		M (90th)	52:53:00	53:09:00
273	Claire Coeffe	Helensburgh AAC	F (29th)	52:51:00	53:14:00
274	Jude Grieve		F (30th)	52:48:00	53:16:00
275	gary crombie		M40 (72nd)	52:58:00	53:17:00
276	Trevor Wayman		M60 (15th)	52:56:00	53:20:00
277	Graeme Gilkes	Garscube Harriers	M50 (38th)	52:57:00	53:27:00
278	Jason Darnell		M40 (73rd)	53:09:00	53:31:00
279	Jan Boyd	Garscube Harriers	F50 (13th)	53:11:00	53:36:00
280	Iain Baird		M (91st)	53:23:00	53:41:00
281	Matt Cowan		M60 (16th)	53:27:00	53:43:00
282	Scott Stewart Renton		M40 (74th)	53:27:00	53:46:00
283	N.N. 283		(1st)	53:33:00	53:54:00
284	Craig Eadie		M40 (75th)	53:38:00	53:58:00
285	David Kilty		M40 (76th)	53:42:00	54:00:00
286	Scott Kennedy		M50 (39th)	53:46:00	54:05:00
287	Sarah Jane Whalen	Greenock Glenpark Harriers	F40 (14th)	53:48:00	54:07:00
288	Katie O'Hara	Garscube Harriers	F (31st)	53:43:00	54:10:00
289	Karin Russell		F (32nd)	53:52:00	54:11:00
290	Amy Cromarty	Garscube Harriers	F (33rd)	53:47:00	54:12:00
291	Emily Jackson		F (34th)	53:51:00	54:12:00
292	David Munro		M60 (17th)	54:00:00	54:16:00
293	Murdoch Rodgers		M70 (5th)	54:02:00	54:18:00
294	Andrew Berrie	Lomond Swimming & Triathlon Club	M (92nd)	54:09:00	54:27:00
295	Gerard Mason		M60 (18th)	54:25:00	54:31:00
296	Kenneth Mackenzie	Kilbarchan AAC	M60 (19th)	54:21:00	54:33:00
297	John Macphail		M40 (77th)	54:15:00	54:34:00
298	Julia Cree		F40 (15th)	54:13:00	54:38:00
299	Maureen O'Hara	Garscube Harriers	F60 (2nd)	54:18:00	54:45:00
300	Sean McQueen		M50 (40th)	54:23:00	54:45:00
301	Calum Firth		M (93rd)	54:20:00	54:47:00
302	Andrew Cameron		M60 (20th)	54:24:00	54:52:00
303	Andrew Wilde		M (94th)	54:34:00	54:55:00
304	Chloe Dixon		F (35th)	54:28:00	55:01:00
305	Mathew Parkinson		M40 (78th)	54:33:00	55:03:00
306	Margaret Meehan		F50 (14th)	54:58:00	55:05:00
307	William McGuire		M50 (41st)	54:56:00	55:08:00
308	Melanie Cushing		F40 (16th)	54:52:00	55:15:00
309	Jason Kerr		M50 (42nd)	55:15:00	55:28:00
310	James Ferguson		M40 (79th)	55:16:00	55:29:00
311	David Dwyer		M (95th)	55:12:00	55:32:00
312	Peter Meehan		M (96th)	55:11:00	55:37:00
313	Robert Stevenson		M50 (43rd)	55:14:00	55:42:00
314	Kirstin Andrews		F (36th)	55:19:00	55:45:00
315	Alan Reeve		M (97th)	55:26:00	55:45:00
316	Nicholas Campbell	Garscube Harriers	M (98th)	55:18:00	55:48:00
317	Susan Liveston	West End Road Runners	F (37th)	55:37:00	56:01:00

318	John Green		M (99th)	55:51:00	56:04:00
319	Calvin Sim		M (100th)	55:38:00	56:11:00
320	George Cunningham		M50 (44th)	55:44:00	56:15:00
321	Lucy Dunlop		F (38th)	56:12:00	56:21:00
322	Kevin Murray		M40 (80th)	55:50:00	56:25:00
323	Stuart Macfarlane	100 Marathon Club	M70 (6th)	56:02:00	56:28:00
324	Susan Smith		F60 (3rd)	56:24:00	56:33:00
325	Paul Bowers		M50 (45th)	56:01:00	56:33:00
326	shona farley		F40 (17th)	56:15:00	56:40:00
327	Ashley Clancy	Garscube Harriers	F40 (18th)	56:28:00	56:42:00
328	Mark Turnbull	Garscube Harriers	M60 (21st)	56:27:00	56:42:00
329	Clare Moffat		F40 (19th)	56:23:00	56:46:00
330	Helen Stevenson		F50 (15th)	56:38:00	56:49:00
331	Becci flannigan		F (39th)	56:36:00	57:02:00
332	Tom Keenan		M60 (22nd)	57:13:00	57:20:00
333	Paul McElroy		M (101st)	57:14:00	57:37:00
334	Nichola McElroy		F (40th)	57:15:00	57:37:00
335	Yvonne Cogle		F (41st)	57:23:00	57:48:00
336	Elaine Boyd		F40 (20th)	57:21:00	57:55:00
337	Neil Tullis		M40 (81st)	57:27:00	57:55:00
338	Gordon Caulfield		M (102nd)	57:32:00	57:59:00
339	Kate Goldsmith	West End Road Runners	F (42nd)	57:45:00	58:08:00
340	Carol Young	EK Fitness	F50 (16th)	58:25:00	58:51:00
341	Derek Minnis		M40 (82nd)	58:34:00	58:56:00
342	Hadden Smith		M60 (23rd)	59:05:00	59:16:00
343	Kathleen Murray		F50 (17th)	59:11:00	59:32:00
344	Lesley Mackenzie		F50 (18th)	59:10:00	59:40:00
345	Brian Graham		M60 (24th)	59:19:00	59:45:00
346	LAURA CUMMINGS		F (43rd)	01:00:15	01:00:20
347	Jane Binnie	Wee County Harriers	F60 (4th)	59:57:00	01:00:23
348	Pamela McInnes		F50 (19th)	01:00:13	01:00:25
349	Helen Robertson		F60 (5th)	01:00:06	01:00:27
350	Barry Phillips		M40 (83rd)	01:00:22	01:00:39
351	Brian McAteer		M60 (25th)	01:00:22	01:00:44
352	David Gemmell	Bellahouston Harriers	M40 (84th)	01:00:25	01:00:52
353	Stacey Berrie	Lomond Swimming & Triathlon Club	F (44th)	01:00:50	01:01:09
354	James Williams		M (103rd)	01:00:48	01:01:14
355	Gill Gilmour		F50 (20th)	01:01:22	01:01:42
356	Rachel Moore		F (45th)	01:01:14	01:01:46
357	Jonathan Bruce		M40 (85th)	01:01:35	01:02:00
358	Lauren Downing		F (46th)	01:01:40	01:02:04
359	James McCafferty		M (104th)	01:01:50	01:02:15
360	Iain Ireland		M70 (7th)	01:01:41	01:02:23
361	Sarah Mann		F (47th)	01:01:41	01:02:23
362	Margaret Kyles		F50 (21st)	01:02:29	01:02:51
363	Flavia Gontia		F (48th)	01:03:07	01:03:17
364	Rona MacFarlane		F60 (6th)	01:03:02	01:03:20
365	Nicole Smith		F40 (21st)	01:03:01	01:03:26

366	Joshua Andrews		F40 (22nd)	01:03:01	01:03:26
367	Colin Gray		M50 (46th)	01:03:10	01:03:30
368	jane taylor		F60 (7th)	01:03:11	01:03:30
369	Alan Causer		M40 (86th)	01:03:34	01:04:05
370	Mark Quinn		M40 (87th)	01:04:00	01:04:31
371	Fiona Sharp		F (49th)	01:04:14	01:04:37
372	Samantha Eddington	Newton Road Runners	F (50th)	01:04:44	01:05:00
373	Charlotte McKay		F60 (8th)	01:04:31	01:05:01
374	Joyce Greig	Glasgow South Road Runners	F60 (9th)	01:04:55	01:05:18
375	Charlotte Blain		F (51st)	01:05:00	01:05:26
376	Jonathan Hicks		M50 (47th)	01:05:32	01:06:00
377	Anne Marie Graepel		F50 (22nd)	01:05:32	01:06:00
378	Amy MacDonald		F (52nd)	01:05:45	01:06:05
379	Iain Armstrong		M50 (48th)	01:05:53	01:06:15
380	Rachel Harris		F50 (23rd)	01:06:08	01:06:31
381	Rhian Hannon		F (53rd)	01:06:42	01:06:56
382	Laura Owler		F (54th)	01:06:31	01:07:02
383	Katie Newbon		F (55th)	01:07:03	01:07:24
384	Natasha Watkiss		F (56th)	01:07:07	01:07:32
385	Grace Foster		F (57th)	01:07:08	01:07:33
386	N.N. 548		(2nd)	01:07:29	01:07:52
387	Neil Smith		M40 (88th)	01:07:30	01:07:53
388	Amy Ward		F (58th)	01:07:47	01:08:11
389	Ann Lister		F70 (1st)	01:07:53	01:08:15
390	Mary Robinson		F50 (24th)	01:08:10	01:08:40
391	Blair Jelly		F60 (10th)	01:09:18	01:09:51
392	Steven Ashmore		M50 (49th)	01:10:39	01:10:46
393	Maggie Paterson		F60 (11th)	01:11:07	01:11:36
394	Adam Hallam		M (105th)	01:11:47	01:12:19
395	Alison Smart		F60 (12th)	01:13:01	01:13:31
396	Hazel Collings		F50 (25th)	01:13:29	01:13:44
397	George Jack		M60 (26th)	01:13:13	01:13:51
398	Lorna Maclean		F40 (23rd)	01:14:17	01:14:47
399	Moir McPhedran		F50 (26th)	01:14:30	01:14:56
400	Jean Wilson		F60 (13th)	01:15:19	01:15:46
401	Paul Conroy		M (106th)	01:15:55	01:16:25
402	Danielle Laley		F (59th)	01:18:09	01:18:37
403	Nicola Mullender		F40 (24th)	01:18:09	01:18:37
404	Neil Wilson	West End Road Runners	M70 (8th)	01:19:07	01:19:43
405	Robert Anderson		M60 (27th)	01:20:48	01:21:23
406	N.N. 549		(3rd)	01:28:18	01:28:55
407	Jay Cruz Semple		M40 (89th)	01:28:35	01:29:11
408	Shona McCormack		F50 (27th)	01:28:36	01:29:11